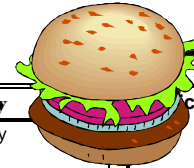


JANUARY 2010

MIDDLE & HIGH SCHOOL



	Monday	Tuesday	Wednesday	Thursday	Friday
BREAKFAST	Cheese Toast OR Cereal/Toast	French Toast Stix W/Syrup OR Cereal/ muffin	Breakfast Pizza OR Cereal/Muffin	Manager's Choice OR Cereal/Muffin	Yogurt & Biscuit w/jelly OR Cereal & Biscuit w/jelly
	Juice Milk Choice	Juice Milk Choice	Juice Milk Choice	Juice Milk Choice	Juice Milk Choice
LUNCH	4 Spicy or regular Chicken Patty w/ Bun OR Manager's Choice CHOICE OF TWO Rice & Vegetable Casserole Greens Fruit Choice	5 Meatball W/Cheese Sub OR Pizza CHOICE OF TWO Pasta Salad Glazed Carrots Choice of Fruit	6 EGG W/ HAM or EGG W/ SAUSAGE Pancake CHOICE OF TWO Hash Browns Fresh Fruit Glazed apples	7 Spaghetti W/ Meat sauce/ Breadstick OR Cheeseburger/bun CHOICE OF TWO Tossed Salad w/ dressing Peach Crisp Choice of Fruit	8 Toasted Turkey Ham/Cheese Sub OR BBQ Pork w/bun CHOICE OF TWO Mashed Potatoes W/Gravy Green beans with cheese sauce Choice of fresh fruit
	11 Pizza OR Chicken Tender Wrap CHOICE OF TWO Tossed Salad w/dressing French Fries Choice of Fruit	12 Chicken Nuggets/ roll OR Manager's Choice CHOICE OF TWO Tossed Salad w/dressing Corn and Green Bean Casserole French Fries Choice of Fruit	13 Nacho chips w/ taco meat OR Chicken Fajita w/cheese w/ Spanish Rice CHOICE OF TWO Tossed Salad w/dressing Corn on Cob Choice of Fruits	14 Turkey Noodle Soup W/ Grilled Cheese OR Chicken Patty/Bun CHOICE OF TWO Tossed Salad w/dressing Choice of Fruit Applesauce Cake -W/ all	15 TEACHER WORK DAY
	18 HOLIDAY	19 Corn Dog OR Mac & Cheese/ roll CHOICE OF TWO Tossed Salad w/dressing Greens Choice of Fruit	20 Spaghetti w/ Roll OR Chicken Patty/ Bun w/ French Fries CHOICE OF TWO Tossed Salad w/dressing Butter Beans Choice of Fruit	21 Meatball W/Cheese Sub OR Pizza CHOICE OF TWO Rice & Vegetable Casserole Tossed Salad w/dressing Choice of Fruit Cookie- w/all meals	22 Toasted Turkey /Cheese Sub OR BBQ Pork/Bun CHOICE OF TWO Tossed Salad/ dressing Broccoli with cheese sauce Apple Crisp
	25 French fries w/cheese w/ Spanish Rice CHOICE OF TWO Corn on Cob Choice of Fruit	26 Hot Ham & Mozz Cheese Sub OR Managers Choice CHOICE OF TWO Glazed Carrots Mashed Potatoes Choice of Fruit	27 Pizza OR Chicken Nuggets/ Roll with French Fries CHOICE OF TWO Tossed Salad W/dressing Apple Crisp Fresh Fruit	28 Turkey Noodle Soup W/ Grilled Cheese OR Chicken Patty/Bun with French Fries CHOICE OF TWO Tossed salad w/dressing Choice of Fruit	29 Lasagna/roll OR Hot Turkey Cheese Sub CHOICE OF TWO Tossed Salad w/ dressing Greens Choice of Fruit
	1 Spicy or regular Chicken Patty w/ Bun & French Fries OR Pizza CHOICE OF TWO Tossed Salad w/ dressing Fruit Choice Applesauce Cake	2 Toasted Turkey Ham/Cheese Sandwich OR BBQ Pork w/bun CHOICE OF TWO Tossed Salad w/dressing Pasta Salad Fruit Choice	3 Nacho chips w/ taco meat OR Chicken Fajita w/cheese w/ Spanish Rice CHOICE OF TWO Corn Tossed Salad w/ dressing Choice of Fruits	4 Spaghetti w/ Roll OR Cheeseburger/ Bun w/ French Fries CHOICE OF TWO Tossed Salad w/dressing Fruit Crisp Fruit Choice	5 Pizza OR Chicken Tender Wrap CHOICE OF TWO Tossed Salad w/dressing Broccoli Fruit Choice

PLENTY OF FRUIT

Choice of Breakfast Biscuits
Daily

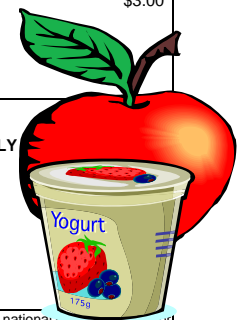
Salads and Subs Daily



Lunch and Breakfast Prices

Breakfast	\$1.35
Breakfast Reduced	\$0.30
Lunch	\$2.05
Lunch Reduced	\$0.40
Adult Breakfast	\$1.55
Adult Lunch	\$3.00

**EAT HEALTHY
EXERCISE DAILY**



**EAT BREAKFAST
EVERYDAY**

1/2 pint milk of choice Served with
Menu Subject to Change

Charges -Charging lunch is a privilege and should be used only in an emergency. Notices with a negative balance are expected to be repaid the next school day.

Only 2 charges are permitted. No further credit will be extended. Alternative Meal will be given until charges are paid. A la Carte items may not be purchased until charges are paid. The treat money will be applied to the charge.

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